

Case Manager Regional Workshops

Center for Health Training

Working With Undocumented Clients

August 28, 2002 – Los Angeles

The purpose of this session is to develop an understanding of the immigration laws that affect AFLP and ASPPP clients. Case examples will be used throughout the session to illustrate potential issues and solutions. Topics will include immigration concepts, how to become a permanent resident, government benefits, issues with the INS, the Violence Against Women's Act and The Child Citizenship Act of 2000.

Building Client Relationships and Trust

October 24, 2002 – Merced

Building a strong working relationship is the key to helping clients make change. Creating these relationships is powerful but not easy: it requires not only time, but also communication skills that help each individual client feel connected to you. Topics will include how to help clients open up, setting reasonable goals, knowing the stages of relationships and communicating empathy.

From Tweens to Adults

October 29, 2002 – Riverside

Working with adolescents can be both rewarding and challenging. When working with a range of young people, there are significant developmental differences between younger pre-teens and the older teens. This interactive workshop will help case managers understand and communicate more effectively with their clients. Staff will have the opportunity to examine the culture of adolescence, stages of adolescent development, how to develop and maintain rapport with clients, and what is important to know about adolescent brain development.

Outreach Strategies:

Reaching Teens and Their Parents

December 5, 2002 – San Francisco

How do you convince potential clients that your services are worth their time? What are ways to approach parents or guardians of these youth? This training will include strategies for reaching youth for AFLP and ASPPP, as well as partners and parents of these youth. It will also address ways to keep your clients engaged once you meet with them for the first time.

For more information or to receive a workshop brochure, contact Erin Myers at 510-835-3700 or email myers@jba-cht.com www.centerforhealthtraining.org

Managing Stress

January 16, 2003 – San Luis Obispo

The world we live and work in seems to get more stressful every day, and it is more and more difficult to manage our work loads without feeling overwhelmed. This training will address how to balance the program needs and paperwork required, while effectively handling the array of client needs. It will provide tips on how to manage your time more effectively, and recognize, prevent, and address burnout.

Working with Young Fathers

January 29, 2003 – Bakersfield

Males are often unequal partners during pregnancy, and may not know how to be involved in the new family structure. It is important to be able to attract and retain young fathers into our programs to help them transition toward being a responsible parent. This workshop will help staff to identify issues that are unique to young men, and to work more effectively with teen dads.

Learning Disabilities

February 11, 2003 – Sacramento

Disabled teens who are pregnant or parenting face challenges on several fronts. Their disabilities may not be diagnosed, understood or accommodated by their families or schools, and pregnancy and parenthood introduces new complexities. Topics will include: an introduction to assessing and identifying learning disabilities, developing ISPs for learning disabled teens, working with schools, and how to identify services and referrals in your community.

Making Your ISPs Crisp: Developing Individual Service and Action Plans

February 25, 2003 – San Diego

This workshop will help staff refine their skills in documenting client interactions and in creating effective action plans. Staff will learn tips on how to simplify the process so it takes less time, develop practical, realistic and measurable goals, and involve the client as an active participant. There will be an opportunity to practice developing ISPs in small groups and apply new information to case study scenarios.

Case Manager Regional Workshops *continued*

Advanced Case Management

May 1, 2003 – Williams

Moving beyond the basics of case management, this workshop will explore some selected challenges in depth, using case studies and providing an opportunity for role playing. Topics may include: goal-setting, time management, other techniques for increasing effectiveness, working with challenging clients, boundary issues, and strategies for case managers to prevent burnout and maintain their commitment.

BEYOND THE BASICS:

A Conference for Case Managers

March 25, 2003 – Pasadena

April 9, 2003 – Sacramento

A one day conference to rejuvenate case managers.

Keynote Speaker: Barbara Staggers, MD, MPH, FAAP; Director, Division of Adolescent Medicine Children's Hospital, Oakland.

Child Development and Assessment: Using What We Know To Strengthen Relationships

May 7, 2003 – Los Angeles

May 8, 2003 – Los Angeles

Strong, positive relationships are the basis of our success with our teen clients. Likewise, for their young children, the foundation of healthy development depends on the quality of their primary relationships. This training will help case managers understand how the quality of early primary care giving relationships can influence the future development and mental health of young children.

Supervisor/Administrator Regional Conferences California Family Health Council, EPA Division

Building Teams, Motivating Staff

October 23, 2002 – Burbank

November 14, 2002 – Sacramento

December 12, 2002 – Fresno

This training will assist AFLP/ASPPP supervisors with developing and maintaining a cohesive team and help them strategize ways to motivate staff to perform quality work and minimize frustrations. This training will also provide strategies to assist supervisors reduce the frustrations that can accompany supervisory work and maintain personal motivation.

Program Evaluation

February 5, 2003 – Orange

This training will introduce participants to theories and models for maintaining and improving program effectiveness and efficiency. Strategies for incorporating evaluation into existing programs will be demonstrated.

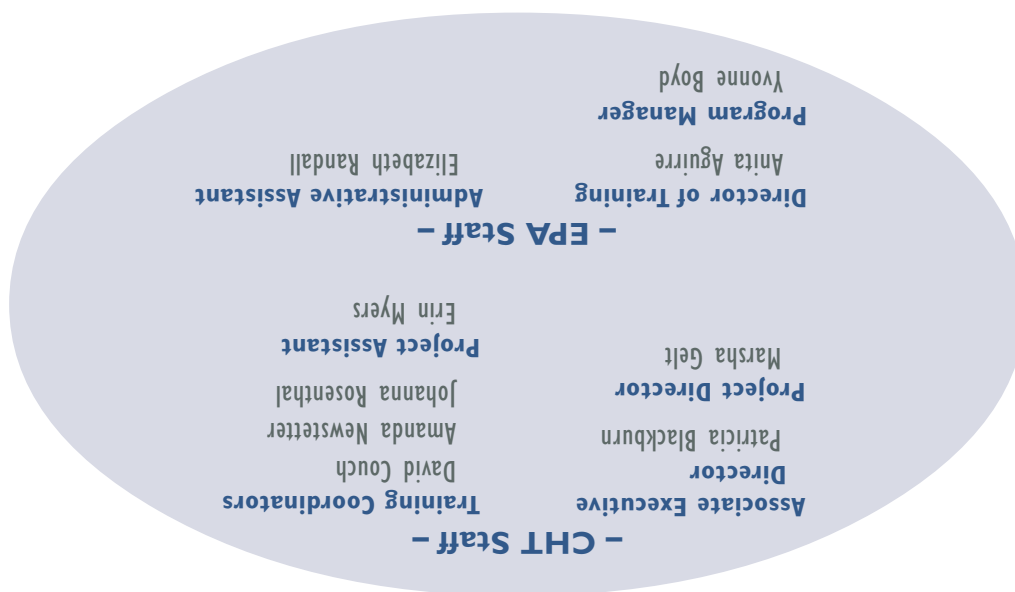
Reflective Supervision

March 13, 2003 – Redding

April 23, 2003 – San Jose

This training will explore the model of reflective supervision and ways to integrate it into the daily role of the AFLP/ASPPP supervisor. This training will also include strategies for incorporating this supervision model into the case management of AFLP/ASPPP clients.

**For more information or to receive a
conference brochure, contact
Elizabeth Randall at 213-386-5614 x4555,
or email RandallE@cfhc.org
<http://epa.cfhc.org>**



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Training Calendar

August 2002 - May 2003

for the

Adolescent Family Life Program

Adolescent Sibling Pregnancy Prevention Program



The Center for Health Training

The Center for Health Training (CHT) provides training, technical assistance, and support to organizations and programs that deliver health care and related services to under-served populations, especially women and children. For more than 25 years, CHT has provided these services to administrators, managers, clinicians, counselors and educators in a variety of settings. CHT has been offering technical assistance and training for the Adolescent Family Life Program/Adolescent Sibling Pregnancy Prevention Programs since 1998.

Under our current contract with the Department of Health Services, Maternal and Child Health Branch, we will be working together with the California Family Health Council, EPA Division, to provide training, technical assistance and program resources for case managers, supervisors and administrators at AFLP and ASPPP programs in California.

Workshop Registration, CEUs and Fees

Brochures for sessions in this calendar will be mailed to staff in the general geographic region of the training. These brochures will have additional information and registration forms. If you would like a registration form for a session outside of your area, contact us with your name and mailing address. The availability of nursing and MFT continuing education units is announced in the brochure. Letters confirming participation, directions and other details are mailed to registered applicants two weeks prior to the session.

Sessions typically run from 9 am to 4 pm. Registration fees are generally \$15 per AFLP/ASPPP registrant for a full day workshop, \$40 for all others. Applicants from AFLP/ASPPP programs are given first priority. Participants are responsible for their own travel, lodging and meals. If meals or special conference materials are included, they may increase session costs. ASL interpreters or other special needs requests can be made by calling the appropriate training agency.

CHT and CFHC are approved by the California Board of Registered Nursing to provide CEUs for nurses. We are also approved by the California Board of Behavioral Sciences to provide CEUs for MFTs and/or LCSWs. To receive credit, staff must attend the entire course and present their license number at the workshop. All other applicants will receive certificates of participation.
